

If **YOU** suffer from Chronic Tendon Pain...

YOU COULD BENEFIT FROM  
**FAST/TENEX PROCEDURE**

**Kristopher Avant, DO, Orthopedic Surgeon — Specializing in the Upper Extremity**



Tenex Health TX could be the procedure you need for rapid pain relief. Unlike medical or physical therapies, Tenex Health TX locates the source of the pain through ultrasound imaging, removes the damaged tissue, and helps stimulate a healing response. This gentle procedure uses only a local anesthesia and requires no stitches, allowing for faster recovery times. Visit [www.tenexhealth.com](http://www.tenexhealth.com) for a more in-depth look at Tenex Health TX or to see patient testimonials.



Please contact AvantOrtho for more information on the procedure or recovery. Patients experiencing persistent elbow, shoulder, heel, or knee pain may be a good candidate for  
**FAST/TENEX PROCEDURE.**

Call **(405) 265-0165** or visit us online **[www.AvantOrtho.com](http://www.AvantOrtho.com)**



**Kristopher Avant, DO**  
Orthopaedic Surgeon

*For appointments and inquiries,  
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